

June 9, 2017

Union Board of Education  
Union High School  
2350 N 3<sup>rd</sup> Street  
Union, NJ 07083

Re: Union High School Team Physician

To Whom It May Concern:

Enclosed is the application from Michele Gilsean, DO for team physician for Union High School. I have been in practice for 22+ years which included being the team doctor for Kean Univeristy; the Millburn, Cranford and Clark School districts; Union County College; and Wide World of Entertainment.

Toward the beginning of my practice, I was a substitute sideline physician for Union High School Football games and the Regional Wrestling Tournaments held at Union High School. At that time, Linda Ionta was the Head Athletic Trainer.

I have been following Union High School athletics since the initial days of standing on the sidelines. I am familiar with the Union High School athletic teams. Please accept my application packet.

Respectfully,



Michele Gilsean, DO FAOASM  
499 Old Short Hills Road  
Short Hills, NJ  
201-207-0374 (c)  
Sports9872@yahoo.com

Proposed fee: \$ 8,500.00

**Michele Gilsenan, DO FAOASM**

499 Old Short Hills Road

Short Hills, NJ 07078

201 207 0374 (c)

**Education:**

1977 West Chester State University  
West Chester, Pa

BS Education K-12  
Health PE and Recreation

1988 University of New England  
College of Osteopathic Medicine  
Biddeford, Maine

Doctor of Osteopathy

**Employment:**

7/1988-6/30 1989 Internship

Union Hospital, Union, NJ

7/1989-6/30/1991 Family Practice Residency

Union Hospital, Union, NJ

7/1990-6/30/1991 Senior Resident

7/1991-6/30/1992 Sports Medicine Fellowship

Union Hospital, Union, NJ

7/1992-3/1996 Physician Advisor  
Utilization/Quality Management

St. Michael's Medical Center  
Newark, NJ

6/1996-7/2008 Physician Advisor  
Utilization/Quality Management

Union Hospital, Union, NJ

7/1992-6/1993 Employee Health Physician

Union Hospital, Union, NJ

7/1992-6/2011 Family Medicine Practitioner  
Sports Medicine Medical Director

BGB/Sports Extra  
Clark, NJ

7/1994-6/2008 Sports medicine Fellowship Director

Union Hospital, Union, NJ

9/2004-P Kean University Rehabilitation  
Medical Director

Kean University  
Union, NJ

7/2008-6/2015 Osteopathic Sports Medicine Fellowship  
Program Director

Overlook Medical Center-AHS  
Summit, NJ

7/2011-6/2014 Family Medicine Practitioner  
Sports Medicine Medical Director

BGB/Sports Extra  
Trinitas Hospital, Clark, NJ

6/2014-6/2016 Family/Sports Medicine Practitioner

Summit Medical Group Clark, NJ

7/2015-P Osteopathic Sports Medicine Fellowship  
Program Director

Saint Barnabas Medical Center  
Livingston, NJ

11/2016-P City MD Urgi Care Physician

East Hanover/Union NJ

**Teaching Positions:**

1993-Present Adjunct Clinical Asst. Professor

1996-Present Associate Professor

2000-Present Adjunct Clinical Professor

2000-Present Adjunct Clinical Professor

NYCOM/NYIT

Long Island, NJ

Kean University, Union, NJ

UMDNJ, Newark, NJ

Physician Asst Program

Seton Hall University

South Orange, NJ

**Board Certification:**

Family Practice—Diplomat, American Osteopathic Board of Family Medicine

Sports Medicine Board Certification/Certificate of Added Qualification,

American Osteopathic College of Family Practice

Team Physician Course Certificate I, II, III, Advanced

Prolotherapy Certificate of Completion, Madison, Wisconsin

TPI Titlest Medical Profession Certified for Golf Injuries Level 2

**License:** State of New Jersey—Primary Care Practitioner MB 53933

**Professional Memberships:**

American College of Sports Medicine—Past

American Medical Society of Sports Medicine Charter Member

American Osteopathic Association

American Osteopathic College of Family Practitioners

American Osteopathic Academy of Sports Medicine

NJ Association of Physicians and Surgeons —Past

Medical Society of New Jersey

Union County Medical Society of New Jersey—Past

**Hospital Affiliation:**

AHS Overlook Medical Center, Summit, NJ

Trinitas Regional Hospital, Elizabeth, NJ

**Honors:**

Fellow of American Osteopathic Academy of Sports Medicine 1997

American Osteopathic Academy of Sports Medicine President 2009-2010

Honorary Sigma Phi Grand Honor Society

New York Magazine Top Doctors in the Tri-State Area June 1999

**Honors:**

Who's Who Among Students in American Universities and Colleges  
(Undergraduate and Medical School)  
Top Doctor of Family Practice, Consumer Digest June 2004  
Guide to America's Top Doctors 2006  
AOASM President 2009-2010

**Game Day Physician:**

1989,1990: Union High School Varsity football, Union, NJ  
1990, 1994: Roselle Park Freshman and JV Football, Roselle Park, NJ

**Team Physician:**

1991-Present: Millburn Township School District, Millburn, NJ  
1993-Present: Kean University, Union, Nj  
1994-Present: Cranford School district, Cranford, NJ  
1994-Present: Clark School District, Clark, NJ  
1998: Seton Hall University Wrestling Weigh-In Certifier, South Orange, NJ  
1998-2001: Seton Hall University Women's Basketball, South Orange, NJ  
1999-Present: Garwood School District, Garwood, NJ  
2000-2001: NJNY Hitmen--XFL East Rutherford, NJ  
2003-2008: Watchung Hills School District, Watchung, NJ  
2012-Present: USA Women's Waterpolo World/Olympic Champions Travel Doctor

**School Physician:**

1993-2010: Millburn Middle School, Millburn, NJ  
1994-Present: Cranford School District  
1996-Present: Clark School District

**Event Physician:**

1991: Tour de Toona: Professional and Amateur Cycling Event, Altoona, Pa  
1991-Present District 8, Region 3 and NJ Super Region High School Wrestling  
Championships, Millburn and Union, NJ  
1991: Boston Marathon, Boston, MA  
1999-2010: WWE Wrestling Events, Continental Arena, Secaucus, NJ  
2009-2011 ING Childhood Obesity Run Westfield, NJ  
2010-Present NCAA Division III Baseball Championships

**Board of Directors:**

- 1997-2011: American Osteopathic Academy of Sports Medicine  
2009-2010: President  
2000-Present: Raphael Life's House, Elizabeth, NJ  
2000-2004: Roselle Golf Club Women's Division, Vice Chairman  
2004-2008: St. Barnabus Medical Center, Union Hospital, Union, NJ

**Committees:**

- 1992-1996: Member, St Michael's Medical Center, Quality/Utilization Committee, Newark, NJ  
1993-2008: OMT Committee Chairperson, Union Hospital, Union, NJ  
1993-2008: Member, Medical Quality/Utilization Comm. Union Hospital, Union, NJ  
1993-2008: Member, Medical Education Committee, Union Hospital, Union, NJ  
1994: Member, Steering Committee, Union Hospital, Union, NJ  
1996-Present: AOA Committee of Education and Evaluation of Sports Medicine  
2003-2009: Chair AOA CEE of Sports Medicine  
1996-1998: American Medical Society of Sports Medicine Task Force on Diversity  
2000-2010: Medical Society of New Jersey Committee on Medical Aspects of Sports  
2006-2008: Chair Family Practice Department Union Hospital, Union, NJ  
2011-Present: International Committee Chair AOASM  
2009-2011: Joint Commission of Sports Medicine and Science AOASM Rep  
2009-Present: Member Bureau of Specialist, AOA  
2011-2014: Joint Commission of Sports Medicine and Science AOA Rep  
2012-Present: International Committee Chair Am Osteopathic Academy of Sports Med

**Lecturer:**

Local, state and National speaker

**Research:**

Available on request

**Publications:**

May 1992- Changes in O<sub>2</sub> Kinetics as a Result of Moderate Altitude Training Followed by Sea Level Re-Exposure: T. Trappe et al, *Medicine and Science in Sports and Exercise*, Vol. 24, No.5 Abstract Supplement

2004-Principles of Manual Sports Medicine, with V. Codella, DO; Chapter 34, LaCrosse, pp550-558. S. Karageanes, ed.

**Michele Gilsenan ,DO FAOAS**

[doctormtg@yahoo.com](mailto:doctormtg@yahoo.com)

201-207-0374 (c)

**References:**

**Angela Cavanna, DO Clinical Assistant professor of Medine, Course Director Clinical Systems Course**

**Touro College of Osteopathic Medicine, Middletown, NY**

[Angela.cavanna@touro.edu](mailto:Angela.cavanna@touro.edu)

845-648-1206

**Michael Beams, DO Primary Care Physician Summit Medical Group**

**67 Walnut Avenue Ste 202 Clark, NJ**

732-388-7300 (o)

[mbeams@smgni.com](mailto:mbeams@smgni.com)

**Vincent McInerney, MD Director New Jersey Orthopedic Institute**

**504 valley Road, Ste 200 Wayne, NJ 07470**

973-694-2690 (o)

**Nicholas Brodyn, DO Cardiologist**

**274 Summit Ave Hackensack, NJ 07601**

201-342-3800 (o)