

# WELLNESS MANAGEMENT SERVICES

*Trinitas Regional Medical Center – Department of Behavioral Health and Psychiatry*

## CONTRACT: AGREEMENT FOR STUDENT SUPPORT SERVICES



### Opening:

---

This agreement, made this 30th day of July, 2022

Between

**Wellness Management Services  
of RWJ Barnabas Health Trinitas Regional Medical Center  
Department of Behavioral Health and Psychiatry  
655 East Jersey Street  
Elizabeth, New Jersey 07206  
Tax ID #: 22 360 1678**

and

**Union Township Public Schools  
1000 Caldwell Ave.  
Union, New Jersey 07083**

### Scope of the Work / Conditions:

---

It is agreed that Wellness Management Services will provide the following:

**Program Title:**

**The Union High School Student Support Program**

**Program Services:**

Provide student counseling, skill building, individual and group counseling, assessment, psycho educational presentations, individual and group parent guidance and teacher, staff and administrative support, consultation, and guidance at Union High School during the school year September 2022 to the end of June 2023. A clinical team consisting of a NJ licensed psychologist with over 30 years licensed in the state of NJ would oversee the program and a psychology clinician from Trinitas Regional Medical Center Department of Behavior Health and Psychiatry would provide daily student support and guidance services to improve the behavior and academic success of Union High School students. Individual and group counselling services and consultation with teachers, administrators and parents as needed would be provided. Training of school counselors, school psychologists and school social workers in turn-key program skills

would be provided. The main provider would be present on staff for each day school is in session from the signing of the contract and terminate on June 30, 2023 (if the contract is signed after the start of the school year the program services cost would be pro-rated to reflect the program start date). The program would provide student support, skill building counseling, intervention, teacher guidance, administrator consultation, program development, parent support, conflict resolution and psycho-educational group instruction services for the Union High School.

### **Program Objectives:**

To improve the academic, social, learning, attendance, and behavioral skills of at-risk Union High School students. To provide support and guidance to High School students identified as having personal, behavioral, attendance, school success and/or emotional difficulties.

### **Description of Specific Program Services to be Delivered:**

**Individual Psycho Educational Skill Building and Counseling:** Individual ongoing student skill building and counseling sessions.

**Conflict Intervention:** Management of student conflict.

**Group Support Sessions:** Support groups covering different topics to help at risk students cope with personal difficulties and emotional needs (e.g., anger management, loss and bereavement, overcoming anxiety and stress, building positive coping and success skills...).

**Psycho Educational Skill Building Instruction Presentations:** Student Presentations to be given in classes or in the Student Support Center. Presentation content would be based on student and school needs (e.g., teenage health issues, Planning for your future, Good Friends – Bad Friends; how to know the difference, Dealing with relationship Problems, Dealing with Difficult Emotions, Conflict Resolutions Skills...).

**Parent Consultation, Counseling and Coaching:** Individual parent support sessions to help parents improve their children's academic, personal and school success.

**Drop In Support Center:** Maintenance of the Student Support Center where students can make appointments or drop in for individual and group support sessions – The Center would have an atmosphere conducive to confidentiality, self-disclosure and support.

**Assessment and Referral Services** Aid school staff in identifying and evaluating student difficulties and providing effective support service referrals to help overcome at risk student problems.

**Administration, Teacher & Staff Consultation:** Consultation with administration, special services, guidance, nursing, teachers, security and crisis interventionist staff on strategies for handling individual student problems and creating policy and procedures for controlling and helping at risk students.

The exact type and number of the above services provided (e.g., groups, individual, presentations, consultations) and the exact participants (e.g., at risk students, teachers, staff, administrators) would be dependent on the needs of the students, teachers, the principal, vice principals, Special Service staff and the high school.

### **Program Staff:**

One full time psychology clinician (i.e., 37.5 hours per week for all program and administrative activities) will provide services for Union High School. Additional 2 hours / weekly overseeing services, program guidance, supervision, monitoring and administration to be provided by Dr.

Rodger Goddard as detailed in the included proposal. One 4 hour per week masters level clinician / psychology intern to assist in and provide program services.

**Program Location:**

Most services to be delivered on site at Union High School in Union, N.J. Some support and administrative services to be delivered off site (e.g., staff supervision, parent guidance, communication services via telephone, e-mail and Internet, materials development...). If the need arises during the school year that some or any part of services need to be delivered remotely / online as occurred during the 2020 – 2022 school years, services will proceed in remote format at the discretion of the Union HS School Principal.

**Program Time Period / Term:**

The school year commencing in September 2022 and ending in June 2023.

**Program Participants:**

At risk students, high school teachers, school staff and parents at Union High School.

**Cost:**

\$ 97,000 for the school year including all services, materials, materials development, and transportation costs. If the contract is signed after the start of the school year the program services cost would be pro-rated to reflect the program start date.

**Payment Terms:**

Total payment to be divided up into 10 equal monthly payments, payable 14 days after the end of the previous month's services.

**Signed:**

**For Wellness Management Services of Trinitas Regional Medical Center:**

Rodger Goddard, Ph.D.  
Director, Wellness Management Services

Rodger Goddard, Ph.D. (Signed)

July 26, 2022 (Date)

**For Union Township Schools President Board of Education**

\_\_\_\_\_ (Name)

\_\_\_\_\_ (Title)

\_\_\_\_\_ (Signed)

\_\_\_\_\_ (Date)