

# WELLNESS MANAGEMENT SERVICES

*Trinitas Regional Medical Center – Department of Behavioral Health and Psychiatry*

## CONTRACT:

## AGREEMENT FOR STUDENT SUPPORT SERVICES

### Opening:

This agreement, made this 10th day of July, 2020

Between

Wellness Management Services  
of Trinitas Regional Medical Center  
Department of Behavioral Health and Psychiatry  
655 East Jersey Street  
Elizabeth, New Jersey 07206  
Tax ID #: 22 360 1678

and

Union Township Public Schools  
1000 Caldwell Ave.  
Union, New Jersey 07083

### Scope of the Work / Conditions:

It is agreed that Wellness Management Services will provide the following:

#### Program Title:

**The Union High School Student Support Program**

#### Program Services:

Provide student counseling, skill building, individual and group counseling, assessment, psycho educational presentations, individual and group parent guidance and teacher, staff and administrative support and guidance at Union High School during the school year September 2020 to June 2021.

#### Program Objectives:

To improve the academic, social, learning and behavioral skills of at-risk Union High School students. To provide support and guidance to High School students identified as having personal, behavioral and/or emotional difficulties.

### **Description of Specific Program Services to be Delivered:**

**Drop In Support Center:** Maintenance of the Student Support Center where students can make appointments or drop in for individual and group support sessions – The Center would have an atmosphere conducive to confidentiality, self disclosure and support.

**Individual Psycho Educational Skill Building and Counseling:** Individual ongoing student skill building and counseling sessions.

**Conflict Resolution Intervention:** Management of student conflict.

**Group Support Sessions:** Weekly support groups covering different topics to help at risk students cope with personal difficulties and emotional needs (e.g., anger management, loss and bereavement, overcoming anxiety and stress, building positive coping and success skills...).

**Psycho Educational Skill Building Instruction Presentations:** Student Presentations to be given in classes or in the Student Support Center. Presentation content would be based on student and school needs (e.g., Teenage health issues, Planning for your future, Good Friends – Bad Friends; how to know the difference, Dealing with relationship Problems, Dealing with Difficult Emotions, Conflict Resolutions Skills...).

**Parent Counseling and Coaching:** Individual parent support sessions to help parents improve their children's academic, personal and school success.

**Assessment and Referral Services** Aid school staff in identifying and evaluating student difficulties and providing effective support services to help overcome at risk student problems.

**Administration, Teacher & Staff Consultation:** Consultation with administration, special services, guidance, nursing, teachers, security and crisis interventionist staff on strategies for handling individual student problems and creating policy and procedures for controlling and helping at risk students.

The exact type and number of the above services provided (e.g., groups, individual, presentations, consultations) and the exact participants (e.g., at risk students, teachers, staff, administrators) would be dependent on the needs of the students, teachers, the principal, vice principals, Special Service staff and the high school.

### **Program Staff:**

One full time licensed psychologist (i.e., 37.5 hours per week for program and administrative activities) will provide services for Union High School.

Additional 2 hours / week services and program guidance, supervision, monitoring and administration to be provided by Dr. Rodger Goddard as detailed in the included proposal. One 3 hour per week masters level clinician to assist program services.

**Program Location:**

Most services to be delivered on site at Union High School in Union, N.J..  
Some support and administrative services to be delivered off site (e.g., staff supervision, parent guidance, communication services via telephone, e-mail and Internet, materials development...).

**Remote Learning Contingency and Services:**

If due to the pandemic and safety concerns, a part or all of the school year should take place via remote learning or consist of a hybrid of remote and on site, we are fully able to adapt the program for partial or entire delivery of services to be conducted remotely (e.g., groups and individual video – tele sessions) and/or on site. If part or full remote learning takes place it would certainly heighten the need to help students complete assignments, participate in class, and deal with the intensity of emotional and personal issues that would come up. If partial or full remote, our service would then apply the same rigorous services via online portals to support the academic, emotional and personal needs of students to support their academic success in the high school and their full participation in the remote or hybrid learning process.

**Program Time Period / Term:**

The school year commencing in September 2020 and ending in June 2021.

**Program Participants:**

At risk students, high school teachers, school staff and parents at Union High School.

**Cost:**

\$ 97,000 for the school year including all services, materials, materials development and transportation costs.

**Payment Terms:**

Total payment to be divided up into 10 equal monthly payments, payable 14 days after the end of the previous month's services.

Proposal and Contract: Trinitas Proposal in Response to RFP Student Support Services 2020 – 2021

**Signed:**

**For Wellness Management Services of Trinitas Regional Medical Center:**

**Rodger Goddard, Ph.D.**

**Director, Wellness Management Services**

 \_\_\_\_\_ (Signed)

7/10/2020 (Date)

**For Union Township Schools President Board of Education**

\_\_\_\_\_ (Name)

\_\_\_\_\_ (Title)

\_\_\_\_\_ (Signed)

\_\_\_\_\_ (Date)